



## Moving on: New Life After Job Loss - A Guide to Picking Yourself Up, Shaking Off the Dirt, and Getting Your Life Back in Order

By Paul C. Larsen

Paperback. Book Condition: New. Paperback. 200 pages. Losing a job, being out-placed, downsized, fired, sacked, made redundant, without portfolio whatever euphemism you care to use, the result is the same: you've lost your job. It is an event where stress is not limited solely to you but is stressful for your entire family. The key, however, is to not let this singular event, and the concomitant loss of a part of your identity, paralyze you. If you allow it to bring you so down that you cannot pick yourself back up then how can you put the pieces of your life back together? Author Paul C. Larsen has been there more than once and has learned many lessons along the way to help you put the job search in its proper life context. In an effort to lessen the heavy load you carry when you face this predicament, Larsen relays his own out-of-work anecdotes to, at minimum, bring a smile to your face and hopefully cause you to realize that your problems are neither unique nor insurmountable. By covering the process step-by-step, Larsen is able to cover the topics you need to consider as you rebuild your career and your life. This item...



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