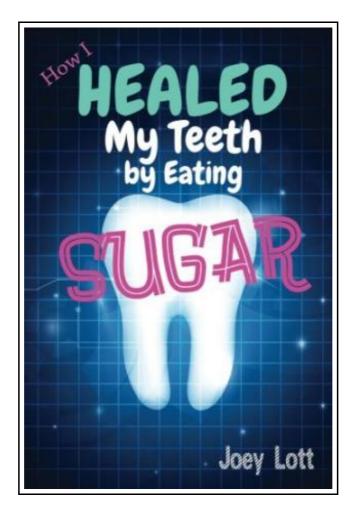
# How I Healed My Teeth Eating Sugar: A Guide to Improving Dental Health Naturally



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### **Reviews**

This book is definitely not straightforward to get started on studying but extremely exciting to read. It is really simplistic but shocks in the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

(Ally Reichel)

## HOW I HEALED MY TEETH EATING SUGAR: A GUIDE TO IMPROVING DENTAL HEALTH NATURALLY



Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.You Can Heal Your Teeth With Sugar! Does this sound crazy to you? Do you think you need to give up all the foods you love in order to have healthy teeth or gums? Does it really have to be one or the other? Joey Lott, the author of How I Healed My Teeth By Eating Sugar, doesn t think so. In this book, he reveals how he reversed a number of tooth and gum problems (cavities, loose teeth, and receding gums, to name a few) with a few dietary tricks (sugar included!) and inexpensive supplements. The regimen is simple, backed by science, and easy on your wallet. There s More to Dental Health Than Fluoride and Flossing There are natural ways to heal your teeth and gums that don t involve twice daily brushings and flossings. In fact, these standard methods of tooth care may not be doing as much for your dental health as you ve been led to believe. Discover a new formula for repairing cavities, tightening up loose teeth, and healing receding gums that is natural and inexpensive. Find out which supplements really work and which may be over-priced and over-hyped. Learn about the vital role metabolism and hormonal health plays in your ability to regrow and remineralize your teeth. If you ve been on the path of natural dental health for a while, you might be surprised by what you read! Save Serious Cash on Dentist Visits What would it be like to walk into the dentist's office year after year and have a clean bill of health every time? Fillings and other expensive procedures often feel inevitable; it...

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