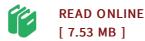




Simplicity Parenting: Using the Extraordinary Power of Less to Raise Calmer, Happier, and More Secure Kids

By Kim John Payne, Lisa M Ross

Random House USA Inc, United States, 2010. Paperback. Book Condition: New. 201 x 127 mm. Language: English . Brand New Book. Today s busier, faster society is waging an undeclared war on childhood. With too much stuff, too many choices, and too little time, children can become anxious, have trouble with friends and school, or even be diagnosed with behavioral problems. Now internationally renowned family consultant Kim John Payne helps parents reclaim for their children the space and freedom that all kids need for their attention to deepen and their individuality to flourish. Simplicity Parenting offers inspiration, ideas, and a blueprint for change: Streamline your home environment. Reduce the amount of toys, books, and clutter as well as the lights, sounds, and general sensory overload. Establish rhythms and rituals. Discover ways to ease daily tensions, create battle-free mealtimes and bedtimes, and tell if your child is overwhelmed. Schedule a break in the schedule. Establish intervals of calm and connection in your child s daily torrent of constant doing. Scale back on media and parental involvement. Manage your children s screen time to limit the endless deluge of information and stimulation. A manifesto for protecting the grace of childhood, Simplicity Parenting...



Reviews

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-- Dr. Luna Skiles

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Seaborough Enterprises Publishing, United States, 2015. Paperback. Book Condition: New. Initial ed.. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. Hope for Autism: 10 Practical Solutions to Everyday Challenges, provides answers to the many questions...



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Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. The biggest failure in life for any parent, or anyone raising a child is, if the Child grows up to...



And You Know You Should Be Glad

HarperCollins Publishers Inc, United States, 2014. Paperback. Book Condition: New. Reprint. 201 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****. A highly personal and moving true story of friend-ship and remembrance from the New York Times bestselling...